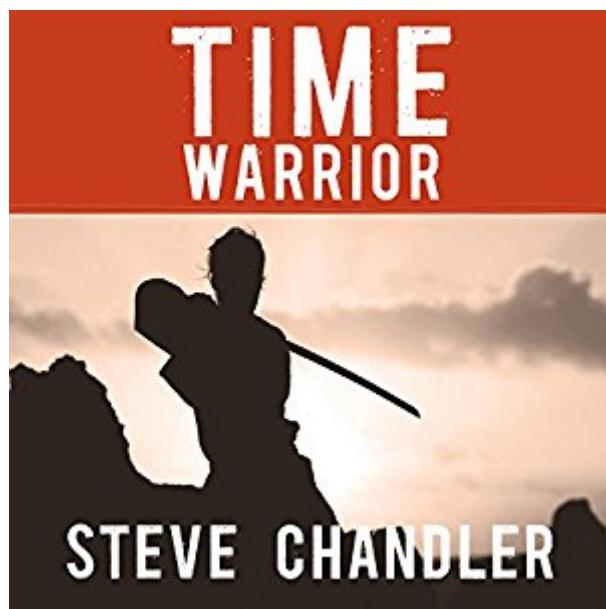


The book was found

Time Warrior: How To Defeat Procrastination, People-Pleasing, Self-Doubt, Over-Commitment, Broken Promises And Chaos



Synopsis

Time Warrior is a revolutionary, non-linear approach for dealing with time, as bold as it is fresh and new. Forget whatever "guidebooks" you may have read/listened to on time management or personal productivity. Time Warrior is much more than tips and tricks. Steve Chandler has given us an invitation - as well as a challenge - to become something far greater than we are now. To become, in essence, a "style tracker" rather than a "time tracker". Tracking your cognitive style is what makes you a Time Warrior, for only your unique cognitive style can liberate you from the treadmill of linear, limited time. This book takes you on a 101-chapter journey intended to transmute the base metals of ordinary linear time-consciousness into the gold of the Time Warrior's non-linear vision. You will learn to create for yourself a newfound and more powerful cognitive style that will make time tracking, multi-tasking, and other clock-subservient behaviors an unsavory and distant memory. Time Warriors arrange the "chaos" around them by slowing down - way, way down - and then letting go of people-pleasing, approval-seeking, and every shade of mood-based and future-based thinking.

Book Information

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Customer Reviews

"All fear comes from picturing the future. Putting things off increases that fear. Soon we are nothing but heavy minds weighing down on weary brains. Too much future will do that. Only a warrior's approach will solve this. A warrior takes his sword to the future. A warrior also takes his sword to all circumstances that don't allow him to fully focus."~ Steve Chandler from Time Warrior

said the same thing when I reviewed Steve Chandler's great bookÂ 100 Ways to Motivate Yourself, Third Edition: Change Your Life Forever, I'm not sure how I found Steve and his work, but I'm glad I did. And, since then, I've gotten to know Steve's publisher, Maurice Basset, who was generous enough to send me a case of his new book: Time Warrior. If you're into short and sweet, no-nonsense writing then I think you'll love this book as much as I did. It was one of those "read it in a day" treats that kicks you in the creative butt and ups your game a notch or three. The best gift you can give others (even better than the highly overrated "empathy") is to have your own life work. Here are some of my favorite Big Ideas:1. Overwhelm - Focus on the one thing to do.2. Drawing Monsters - And watching horror films.3. Just Get Into Action - It's the magic formula.4. Three Minutes - What will you do?5. Taking DECISIVE ACTION - That's what to do when we're afraid. To find 250+ more reviews visit <http://bit.ly/BrianReviews>

This is a thoughtful and kind of quick read book - about taking TIME into your hands and doing something. But don't gloss over what seems obvious, otherwise you will miss the point of being and becoming a Time Warrior. Mr Chandler gives a great example of author Isaac Asimov who was a very prolific writer. If he had 30 minutes, he would use that time to produce something. The book is about breaking down time into manageable bits and pieces to help get things done and crossed off the list. For the self employed - like me - this is a never ending quest. Time Warrior was very helpful and I refer to the notes I took while reading the book often. I have read other books with similar themes - but this one is much different.

This book has given me successful strategies and great ideas on keeping the "want to" focused and tuned so that I can get the important things done with fewer interruptions. Over the years I have read many books and articles on "how to" better manage time. I have used various time management systems and concepts with marginal success. What was missing was a way to keep motivated and focused on the important few items while working less on the people pleasing activities. Sustainment was the problem. Time Warrior has given me a better understand how my thoughts really control what gets done on a daily basis and how I can better use my brain to stay on target. It's also now one of my favorite reference books to keep the "want to" tuned up.

This is not about time management. It's about transcending the limitations that have you feeling overwhelmed and exhausted. It's about how to turn one hour into ten, by escaping the stress and context-switching that are tearing your mind to pieces every day. I've studied this material for months

now, still studying it. Written enough notes in it to practically rewrite the book, because just highlighting would result in highlighting the entire text. This took my life from a nightmare to something entirely new; the same problems (now dubbed projects) are still there, but now have the strength, the capability, and the confidence to transform them into creative adventures. Many thanks to Steve for this.

I've discovered one of the best kept secrets in Time Management, especially for a "creative" mind like mine! It's the Time Warrior by Steve Chandler! For decades I used to be so motivated, having lots of coffee to keep selling selling..focusing, driving...creating....problem solving....and then one day I just burned out! My body put a stop to it and claimed its sleep! I lost all motivation and energy. Coffee no longer jump started my day and when I even thought about getting back into my professional life, starting with managing my time, I felt sick. Brian Tracy's aggressive approach in his books now overwhelmed me emotionally and made me feel nauseous. Then, after two years of retreating, by chance, I heard Steve's interview on Michael Neill's show. When I saw the subject of Michael's show, Time Management, I almost didn't listen, but something whispered to just give it a chance. After hearing this interview, I immediately ordered Steve's book. It has been such a gentle push for me! Little tiny nuggets are showered in the book like, "What do I want to produce? What structure will guarantee that?" and "By simply beginning the task we were putting off, and finding out by doing so that well begun is half done." Sometimes when I feel overwhelmed with too much to do, I read, "Just do that one thing - you know what it is - it's the thing you're thinking about right now." I focus on that next action with ease and without overwhelming and stressing myself out! The Time Warrior has been like a bible to me. I have sentences underlined, highlighted, marked, and I carry it with me everywhere I go to keep focused and motivated! It's perfect for the person who tends to get distracted a lot as well. The Time Warrior isn't just about managing time. It actually gives the reader the gentle and simple tools to overcome their psychological blocks and to become an honorable person of integrity. Through this book, I discovered Steve Chandler's work! He has audio downloads of his coaching that is so effective and interesting! He has a lot of samples of his coaching on his website as well. And his publishing company, Maurice Bassett, is wonderful! I personally spoke with Maurice about a download I wanted to purchase, and this gentleman was filled with great information and was so inspiring, kind, and helpful! My daily life is richer now, because I discovered the work and service of Steve Chandler and Maurice! If you are burnt out, tired of striving to meet your goals every day, tired of your undone to-do lists, and feel like you can't keep a thought in your brain, this book is for you! And, even if you feel on-fire with your to-do list, the tools in this book will

prevent burn out and get you to where you want to go sooner and from the state of authenticity. This is one of my ALL TIME FAVORITE books! Thank you, Steve, for writing it, and thank you, Maurice for publishing it! The world is a better place because of your work!!!

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